



Useful Technology Terminology:
Internet filters...POS... Mobile
WTM.....Monitoring Systems...
Grooming...CD9... Age Restriction...
Parental Controls...P911.....
sexting...W2M...Cyberbullying...

Facts Parents Need to know:

45% of Student's report having been bullied on line and 70% report having seen online bullying.

Only 1 and 10 victims of cyber bullying report the bullying to an adult.

50% of Snap Chat users indicate they have received nude or inappropriate chats.

90% of children using internet devices without parental controls or monitoring will be exposed to explicit material either accidentally or out of curiosity

1 in 7 youths are threatened by an online predator

The cell phone is the most common device used in cyberbullying.

References and Resources:

Family Online Safety Institute:

<https://www.fosi.org/>

Abolish Bullying Campaign:

<http://www.abolishbullyingcampaign.org/Cyber-Bullying.html>

US Government: Stop Bullying Campaign:

<http://www.stopbullying.gov/>

Net Nanny Parental Control Software:

<https://www.netnanny.com/>

<http://www.mymobilewatchdog.com>

Mobile Watchdog Parental Control Software:

<http://www.mymobilewatchdog.com>

Parenting and Technology:

<http://www.techmamas.com/>

<http://www.parenting.com/>

Cyber Bullying Prevention:

<https://www.dosomething.org/>

Online Crimes against Children Research Center:

<http://www.unh.edu/ccrc/index.html>

Internet Safety:

<http://www.internetsafety101.org/predators101.html>

<https://www.common sense media.org/>

What Parents Should Know

About Internet Safety and Social Networking



Parents to do list:

Check Privacy Settings

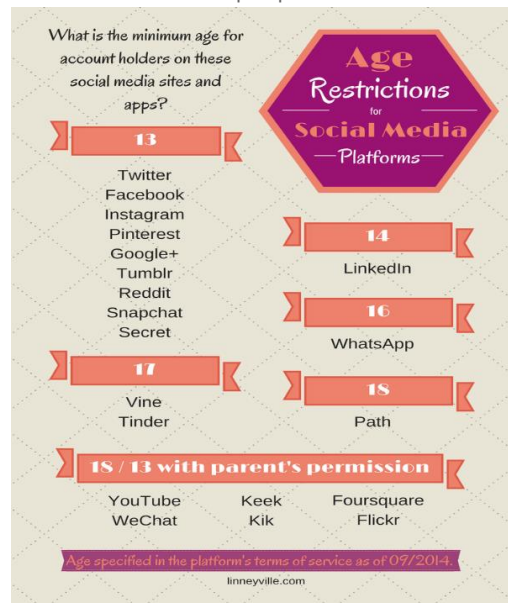
Check that your privacy settings for the Internet and Facebook are set to the strictest levels.

Use Filtering Software

The software many even enable you to view the exact keys that were typed, time spent online and all computer activity in general. Examples include [Net Nanny](#) and [Pure Sight PC](#) and [My Mobile Watchdog](#).

Create Ground Rules

If your kids are old enough to be using the computer on their own, they are old enough to understand that there are rules they need to abide by. The best way for families to agree on ground rules is to create a contract that all parties must sign. The [Family Online Safety Institute](#) (FOSI) has a sample contract see the resource section of this pamphlet for their website.



Create a Family Account.

Rather than having your child start on social media themselves utilize a Family account. This allows the parent to monitor their child's behavior while at the same time getting to know the technology. You will be surprised by what your child teaches you!

Cyber Bullying is the act of using the Internet, cell phones, video games, or other technology gadgets to send, text, or post images intended to hurt or another person. "It is also defined as acts of aggression through Technological devices" (Jackson & Cohen, 2012).



Cyber Bullying Prevention

What is Cyber Bullying and Why do Kids Cyber bully?

Why do kids break the rules of internet safety? There are a lot of reasons:

- Their friends are doing it
- They want to look cool and fit in
- They are rebelling against their parents
- They want to act like adults
- They are bullies by nature
- They are seeking attention
- They want to gain more popularity

What to encourage your child to do: Stop-Block-Tell

- 1) Stopping does not give the bully the – reaction they are looking for.
- 2) Blocking the Bully takes control away from the bully and puts it in your child's hands
- 3) Telling a parent, Law enforcement, or other adult ensures that the child being bullied as well as the child bullying will get the help they need.

Parent to do: (Continued)

Limit all Device use to a Central Location

It's much easier to keep tabs on any online activity when the computer is located in a high-traffic zone than if your child is using a computer in the privacy of her own room.

Monitor the Pictures Your Child Posts Online

In an ideal world, your child would never post a photo of herself online, but that might not be entirely realistic. If she wants to share photos with her friends via email or a social networking site, be sure you know exactly which pictures are being posted

Limit Cell Phone Use

Just as you would limit use of a computer, TV or gaming system, you can do the same with a cell phone.

Talk to your child about Online Reputation

Many kids don't seem to understand the permanence of the online world. As stated in the AAP study, *what goes online stays online! The anonymity of being in front of a computer not a person often makes a child feel like they can do or say whatever they want. This just is not the case as there are consequences to online threats, inappropriate photos, or inappropriate interaction's.*

Talk to Kids about Online Dangers

You need to remind your children that these people are strangers and that the standard rules always apply."

Get to Know the Technology

Kids have gained a mastery of technology so quickly but it is every parent's responsibility to know exactly which key features are included in the gadgets our kids are using.

Get To Know What Your Child's Habits Are

It is important to be aware of the kinds of sites he/she is frequenting and the people they are associating with. It is perfectly ok to demand that any friend of your child's on social network also be friends with you.

